

INTERLAKE MINOR BALL - LEAGUE RULES

SOFTBALL – 1 May 2017

GENERAL

- (L) These rules apply only to internal Interlake Minor Ball league play. If an age category is participating in an interlocking schedule with city teams then the City Interlocking League rules apply.
- No metal cleats or spikes allowed
- Two flap protective batting helmet with attached Face Guard required while batting and running bases.
- (L) “Sunset Rule” - No new inning is to start after 15 minutes prior to sunset
- (L) Mercy rule not applicable during league play
- (L) League games start at 6:45 PM
- U10 - 11 inch indoor ball; U12 - 11 inch ball; U14 and up - 12 inch ball

U10

- Pitching distance 30 ft, base distance 45 ft
- (L) 6 inning games, 6 run limit per inning
- “Conference Rule” is waived
- Infield fly rule is waived
- Batter is out on dropped third strike – ball remains alive
- (L) Complete roster in batting order, 10 players in field with 10th as a rover, may play with 9 in field
- Courtesy runner for catcher may be used after 2 out
- (L) No walks. After four (4) balls are awarded to the batter, his/her coach will soft toss to the batter two times. The batter has those two (2) chances to hit the ball. If the batter does not hit a fair ball, the batter shall be Out. Soft Toss by the coach will be done with the coach to the side and slightly in front of the batter and in foul territory. The coach will toss the ball into the batter’s normal hitting zone. The catcher will position themselves behind the batter.
- Base runners may not lead-off until ball leaves the pitcher’s hand
- Stealing bases (2nd & 3rd) is allowed at all times when the ball is alive. Stealing Home is prohibited (even on an overthrow). Runners may advance Home only on a hit ball.
- U10 will use a larger home plate: (21” inches).
- Mandatory – U10 pitchers must wear approved masks.
- The Official Ball will be the Worth NC11S Indoor Softball
- The “Designated Player Rule” is not permitted
- The “Substitution Rule” does not apply
- Pitchers are limited to 3 innings per game (1 pitch in an inning constitutes an inning)

U12

- pitching distance 38 ft, base distance 55 ft
- (L) 6 inning games, 6 run limit per inning
- “Conference Rule” is waived
- Infield fly rule is in effect
- Batter is out on dropped third strike – ball remains alive
- (L) complete roster in batting order, 10 players in field with 10th as a rover, may play with 9 in field
- Courtesy runner for catcher may be used after 2 out
- Base runners may not lead-off until ball leaves the pitcher’s hand
- The “Designated Player Rule” is not permitted
- The “Substitution Rule” does not apply
- Pitchers are limited to 3 innings per game (1 pitch in an inning constitutes an inning)

U14

- pitching distance 38 ft – base distance 60 ft
- See Interlocking City League Rules

U16

- pitching distance 40 ft – base distance 60 ft
- See Interlocking City League Rules

(L)SUNSET TIMES

	SUNSET	NO NEW INNING
1 to 10 May	8:45 PM	8:30 PM
11 to 20 May	9:00 PM	8:45 PM
21 to 31 May	9:15 PM	9:00 PM
1 June and after	9:30 PM	9:15 PM

Note: No new inning to start after fifteen minutes before sunset.